## Woda House Blends Organic Tea

Name	Ingredients	Inspiration / Theme	\$ Per Oz
Adapt - Tea - Gen	Eleuthero, Reishi, Tulsi, Rhodiola, Schizandra	Manage stress with Tasty Adaptogens	\$6.10
Clarity	Sage, Rosemary, Peppermint, Gotu Kola, Eleuthero, Ginkgo.	Focus, Uplift, Invigorate Senses. Good hot brew, great as a cold infusion	\$3.90
Cough Kicker	Elecampane, Oregon Grape, Licorice, Hyssop, Elderflower	Clearing	\$3.70
The Fortifier	Rosehips, Reishi, Hyssop, Tulsi, Gotu Kola, Echinacea purpurea leaf	Immune, Nourish, General Support	\$4.10
Good Mood Tea	Lemon Balm, St John's Wort, Passion Flower	Uplift, Stabalize	\$3.49
Kid's Respiratory Tea	Red Clover, Fennel seed, Rosehips, Lemongrass, Calendula, Mullein	Daily Tonic	\$4.10
Lucidity	Skullcap, Mugwort, Catnip, Lavender, Chamomile, Lemon Verbena	Relax, Sleep, Dream	\$4.70
Homer Thunder	Roasted Yerba Mate, Keemun Black Tea (caffiene)	Energize, Toasty	\$3.90
Lemongrass Mate	Yerba Mate (caffiene), Lemongrass	Energize, Uplift. Nice as hot brew, excellent over ice.	\$3.49
Moon Brew	Rosehips, Raspberry leaf, Licorice root, Ginger, Fennel seed, Tulsi, Stevia cut green leaf	Tummy Tonic, PMS Comfort	\$3.90
Strong Start	Nettle, Red Clover, Oat Straw	Nourishing	\$4.00
Tea Totaller	Burdock, Barberry, Milk Thistle seed, Fennel seed, Ginger, Licorice root, Red Clover, Lemon Balm	Natural detox channel support	\$3.90
Midnight Fire (Golden Powder)	Turmeric, Ashwagandha, Fenugreek, Ginger, Cardamom, Cinnamon, Black Pepper	Anti-inflammatory, Stress balance, Excellent coffee alternative.	\$4.10
Haute Coco (Powder)	Maca, Cocoa, Reishi, Ashwagandha, Ceylon Cinnamon	Adaptogens! Stress balance (no milk or sweetener)	\$4.60
** Blend to order available, inquire for our other existing recipes or to request an			

<sup>\*\*</sup> Blend to order available, inquire for our other existing recipes or to request an individualized blend. Prices range \$3.99 - \$6.90 per oz